

Impact of Lutein Intervention in Mice on the Radiation Induced Clastogenic Changes

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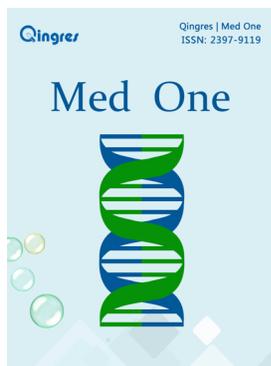
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ABSTRACT

One of the genetic effects of radiation is that it may lead to formation of single or double strand breaks in DNA which can be observed in differentially stained polychromatic or normochromatic erythrocytes (PCE and NCE respectively). In pursuit of finding a natural radioprotector to treat the radiation induced damages; lutein, a carotenoid pigment is one such approach. Swiss albino mice are administered with the compound (lutein/gallic acid/DMSO) with respective controls for 15 consecutive days after which they are irradiated. The whole blood is drawn for comet assay and the femur of the leg is removed to flush out the content of the bone marrow in BSA for the micronucleus assay. The comet slides are observed under the fluorescent microscope and the PCE/NCE or micronucleated PCEs or NCEs are scored blindly. Lutein in the present study has effectively reduced the olive moment and the tail moment. However, % DNA in tail has been maintained to normal levels in comparison to its control indicating lesser extent of damage to the genetic material. The percent micronucleated NCE (MnNCE) has been decreased in the group treated with lutein prior to radiation. The %MnPCE and the PCE/(PCE + NCE) ratio has been increased in all the irradiated groups; however lutein treatment has not drastically increased the formation of micronuclei in comparison to its control. This indicates that lutein shows a protective effect against the radiation induced cytogenetic damages in Swiss albino mice.



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1 INTRODUCTION

Radiation is increasingly used for medical and occupational purposes and is an established weapon in the diagnosis and the therapy of cancer. Radiation therapy injures or destroys cells in the area being treated (or “target tissue”) by damaging their genetic material. So the amount of ionizing radiation that can be given to treat malignant tumors are limited^[1, 2]. Free radicals are unstable molecules which react easily with essential molecules of our body including DNA, fat and proteins changing their chemical structure. When a free radical attacks a molecule, it will then become a free radical itself, causing a chain reaction which can result in the destruction of a cell^[3]. The goal of the radiation therapy is to minimize the dose delivered to normal cells or tissues thus reducing the damage and maximize the dose effect to tumor cells^[4].

Electron beam radiation (EBR) has a unique place in the field of radiation oncology especially in the treatment of skin cancer.

Lutein is a xanthophyll; carotenoid pigment present abundantly in kale, spinach, corn, animal fat etc. In a study by Neal Craft E^[5], it was found that lutein is soluble in dimethyl sulfoxide (DMSO), 1000mg/L. Lutein exhibits antigenotoxic^[6], antioxidant^[7] property, reduces ultraviolet radiation induced inflammation and immunosuppression^[8], chemopreventive activity in mouse models^[9], protects against age-related macular degeneration^[10]. The present study aims at understanding the protective property of lutein against EBR induced damage to the genetic material and the immature, mature lymphocytes; polychromatic erythrocytes and normochromatic erythrocytes (PCEs and NCEs respectively).

2 MATERIALS AND METHODS

Lutein was purchased from Hai Hang Industry Pvt Ltd; China. All the other chemicals were purchased from Hi Media pvt. ltd.

Radiation to Swiss albino mice was given at Dept of Oncology, Justice K S Hegde Hospital, Mangalore. The mice were placed in well ventilated perspex box with dimensions 3' × 6'. Sub-lethal dose of 6Gy was given at a dose rate of 3Gy/min with source to target distance of 100cms.

The mice were orally administered with the compound for 15 days and on the 15th day one hour after administration of the compound the mice were sacrificed by anesthetizing and the whole blood was drawn into 2 % EDTA tubes to perform comet assay. Femur of leg was removed and bone marrow was flushed carefully for micronucleus assay.

2.1 Comet assay^[11]

The slides were coated with 1 % high melting agarose (HMA) onto which a layer of about 20µl of the whole blood mixed with 80µl of 0.5 % low melting agarose (LMA) in PBS at 37°C was added and covered with a coverslip and was kept at 4°C for at least 5 mins. The coverslip was removed and a layer of HMA is added again to ensure no or minimal loss of sample in further process. After removing the coverslip, the slides were submerged overnight in cold lysing solution containing 2.5M NaCl, 100mM EDTA disodium salt, 10mM Tris-HCl, 200mM NaOH, 1 % Triton X-100, and 10 % DMSO. Slides were then immersed in alkaline electrophoresis buffer (0.3M NaOH and 1mM EDTA disodium salt, pH > 13) and then electrophoresed (20V/400mA, 24min). Slides were neutralized in neutralizing buffer (Tris buffer, pH-7.5) for 5 minutes each with 2-3 repetitions. The loops of DNA extend towards anode which when stained with ethidium bromide and viewed under a fluorescent microscope gives the appearance like the tail of a comet. The undamaged DNA remains within the head of the comet and the damaged DNA (lysed DNA) appear towards the tail. To evaluate the degree of damage, comet images were scored with CometScore software. Duplicates were maintained for each sample. Fifty cells per slide were examined.

2.2 Micronucleus assay^[12]

The bone marrow was flushed out into freshly prepared 5 % bovine serum albumin solution (BSA solution prepared in PBS). The tubes were centrifuged at 1,000rpm for 10mins. The pellet is resuspended in 100µL BSA and mixed carefully. A small drop was dropped on to a clean glass slide and smear was prepared. The slide was allowed to dry which was then fixed in methanol and stained with May Grunwald, Giemsa stain following each step for 2-3, 4 and 20 minutes respectively. The excess stain in each staining step was removed by dipping it for a few seconds in distilled water. The slides were scored blindly for polychromatic erythrocytes (PCE) and normochromatic erythrocytes (NCE), stained purple and pink respectively using a light microscope with 100X magnification (oil immersion). The micronucleated PCEs (MNPCE) and NCEs (MNNCE) were also recorded. In order to evaluate the cytotoxic effects of electron beam radiation and lutein against bone marrow proliferation PCE/PCE +

NCE ratio was calculated.

2.3 Dose reduction factor (DRF)^[13]

Dose reduction factor is the ratio of survival of mice with and without the compound being administered prior irradiation with a high dose of radiation. The mice were treated with lutein for 15 consecutive days and then irradiated with higher doses of 8Gy, 9Gy and 10Gy EBR. The radiation dose at which 50 % survival is observed is compared with the radiation dose of the control group without any intervention and expressed as ratio.

$$DRF = \frac{LD\ 50/30\ with\ compound}{LD\ 50/30\ without\ compound}$$

3.1 Comet assay

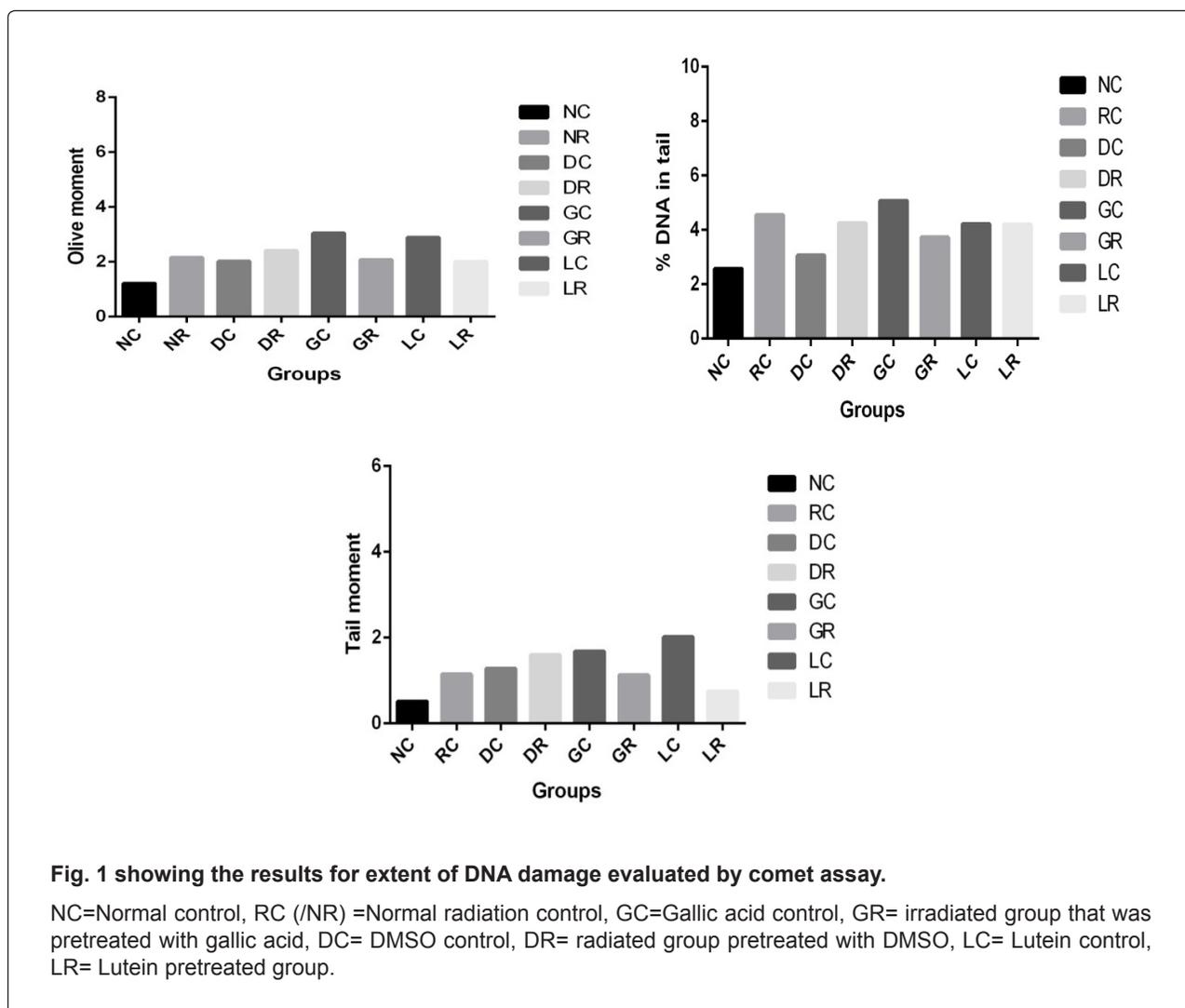
Olive moment was increased in the radiation control group when compared to normal control ($p < 0.05$). The irradiated groups that were pretreated with gallic acid and lutein reduced the olive moment in comparison to their control ($p < 0.05$) (Fig.1 and Fig.2).

The percentage DNA in tail was higher in the radiation control group in comparison to its respective control ($p < 0.001$). Gallic acid pretreatment before irradiation reduced the percentage DNA in tail significantly ($p < 0.05$).

The tail moment was significantly reduced in the irradiated group pretreated with 250mg/kg b.wt lutein ($p < 0.001$).

These results indicate that lutein treatment reduced the DNA damage that was induced by radiation.

3 RESULTS



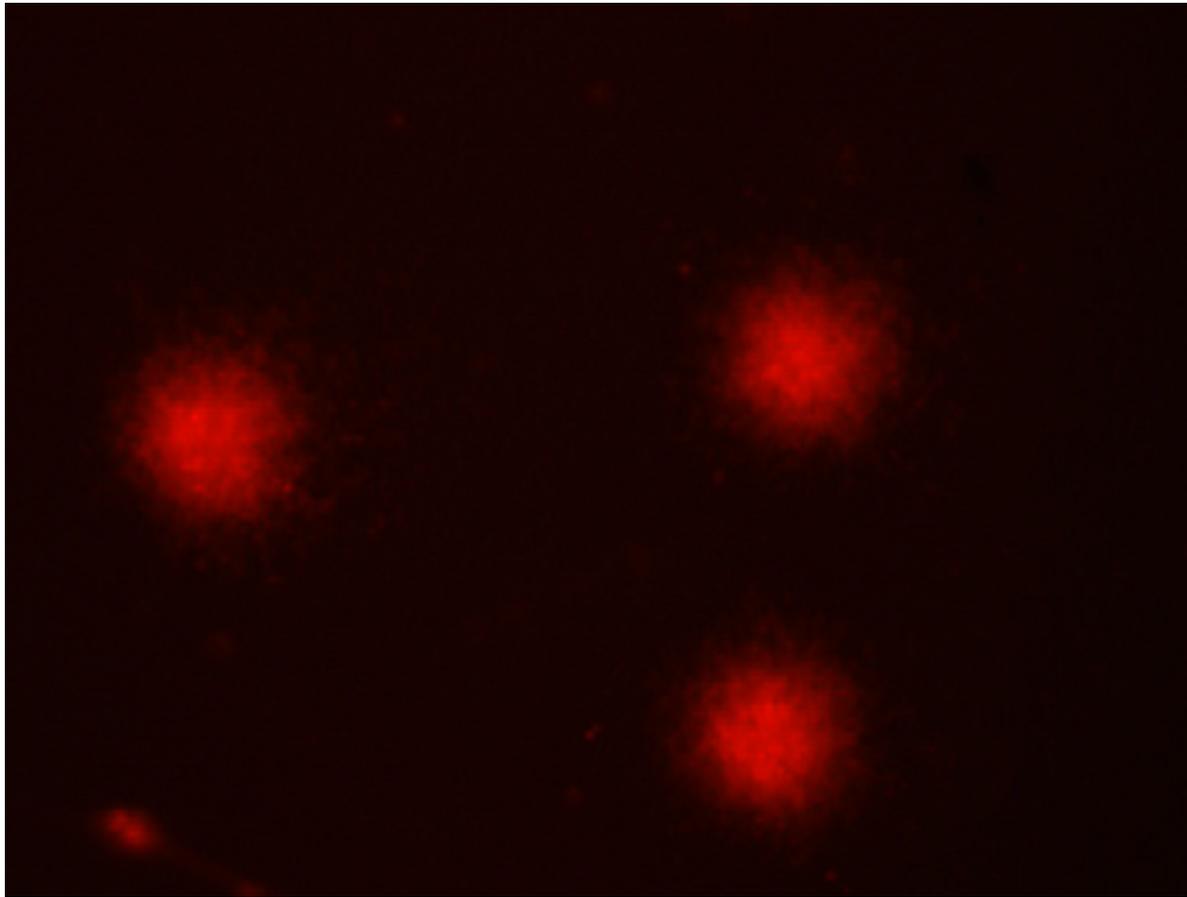


Fig. 2 Image showing ethidium bromide stained mouse lymphocyte DNA to determine the extent of DNA damage by Comet assay.

3.2 Micronucleus assay

Table 1 summarizes the micronucleus assay with lutein, gallic acid and 10 % DMSO treatment prior irradiation with their corresponding controls (Fig. 3). A significant increase ($p < 0.001$) in MNPCE was seen in the radiation control in comparison to the untreated group. The ratio of MNPCE and MNCE was also altered in the radiation control when

compared to the untreated group. The reduction in the number of MnPCE, MnNCE and MnPCE/MnNCE ratio was found in gallic acid and lutein pretreatment prior irradiation, but the differences were not statistically significant when compared with the radiation control group.

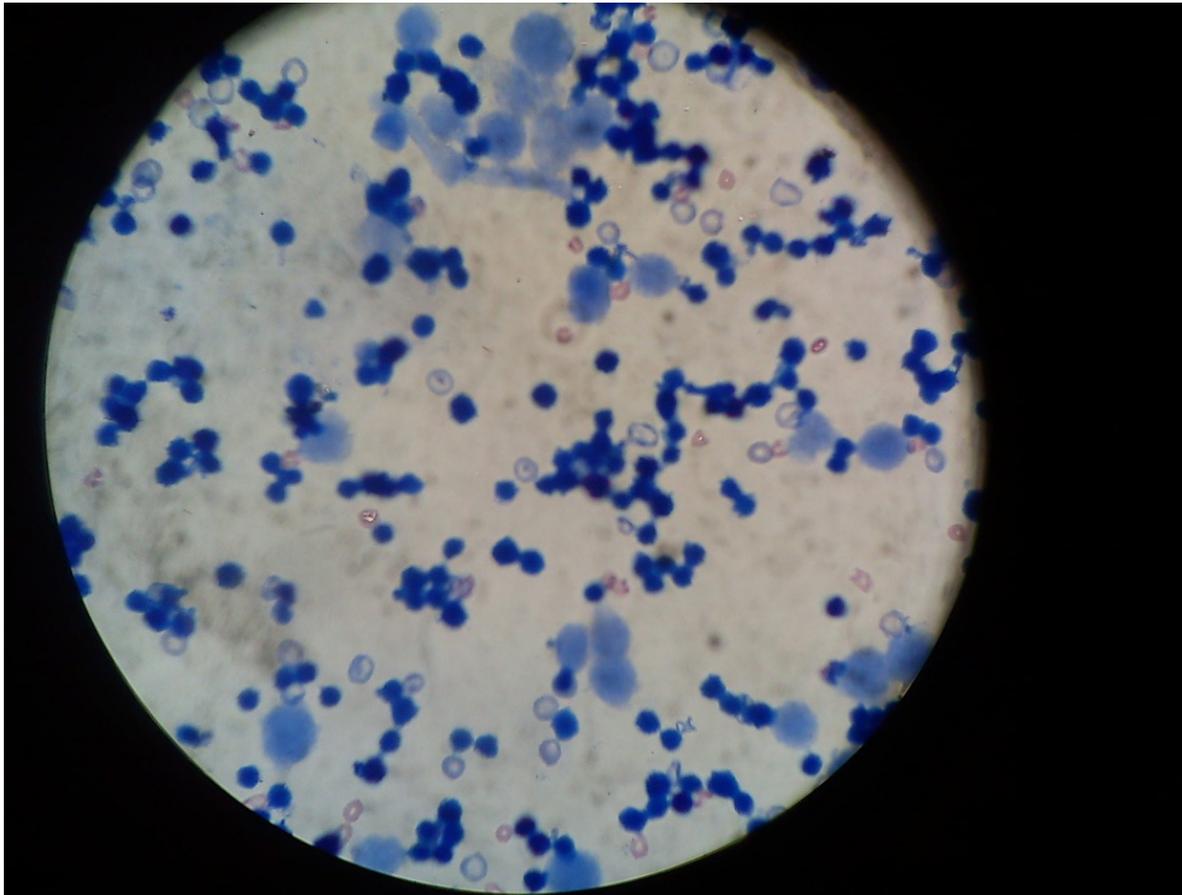


Fig. 3 Image showing Giemsa-May Grunwald stained mouse bone marrow with pink coloured normochromic erythrocytes (NCE) and purple coloured polychromatic erythrocytes (PCE) and micronucleated NCE or PCE appearing as a dot towards the membrane.

Table 1. Results of micronucleus assay

Groups	MnPCE (%)	MnNCE (%)	PCE/(PCE + NCE) (Mean ± SD)
NC	1.63	0.88	0.45 ± 0.02
NR	7.63	1.38	0.74 ± 0.03
GC	4	1	0.49 ± 0.02
GR	9.93	0.62	0.8 ± 0.02
DC	5.25	1	0.56 ± 0.02
DR	8	1.13	0.79 ± 0.06
LC	4.25	1.25	0.55 ± 0.03
LR	6.75	0.25	0.9 ± 0.01

NC = Normal control, NR =Normal radiation control, GC = Gallic acid control, GR = irradiated group that was pretreated with gallic acid, DC = DMSO control, DR = radiated group pretreated with DMSO, LC = Lutein control, LR = Lutein pretreated group.

3.3 Dose reduction factor

DRF for lutein = 8.6/7.8

DRF = 1.102

The dose reduction factor thus obtained for lutein is 1.102. (Fig. 4)

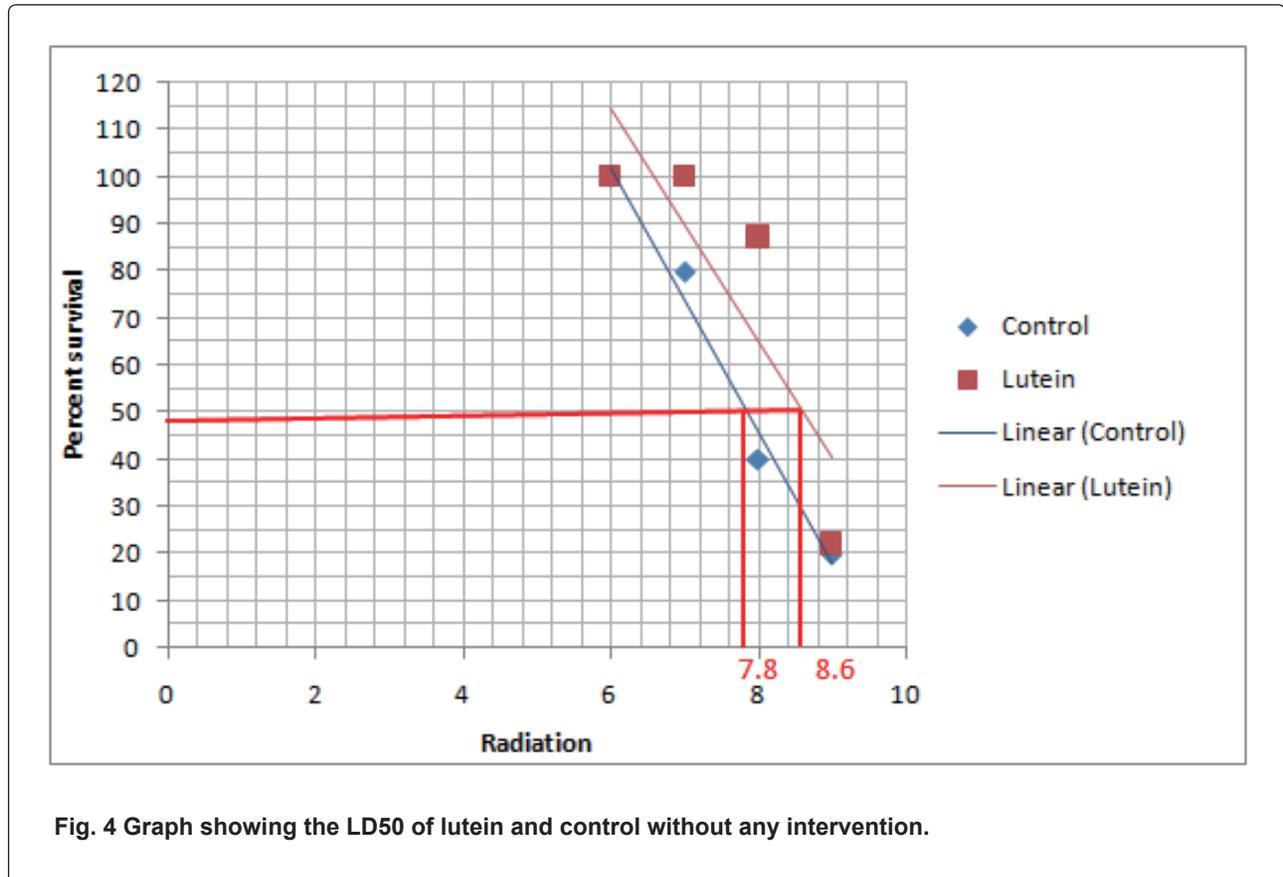


Fig. 4 Graph showing the LD50 of lutein and control without any intervention.

4 DISCUSSION

IR can directly induce DNA damage by causing strand breaks or indirectly induce DNA damage by producing reactive oxygen species such as superoxide anions and hydrogen peroxide^[13].

Olive tail moment, % DNA in tail and tail moment are important factors assessed to evaluate the damage caused to DNA^[14]. Irradiation to mice shows a drastic increase in these parameters indicating damage to genetic material^[15]. Our study also revealed damage to genetic material in the irradiated group that is indicated by a significant increase in the olive moment and the percent DNA in tail, which was recovered within 24hrs in the lutein treated group to near normal system. Further the tail moment was significantly decreased in the group pretreated with lutein indicating that lutein shows a protective effect against damage to the genetic material.

Formation of MN is a result of cytogenetic damage which is evaluated by scoring the differentially stained cells in micronucleus assay. It is a cytogenetic method which is used to assess the cytotoxic effects of chemical materials or irradiation in diverse system. The presence of toxic agent in a system affecting the bone marrow proliferation will increase the number of PCE, i.e. the immature erythrocyte in comparison to NCE i.e. the mature erythrocytes. The toxicity of the agent in a biological system decreases the PCE/NCE ratio^[16]. Acute radiation exposure in humans induces MN formation. Its frequency is affected by radiation dose^[17]. Fenech showed an increased MN frequency in human lymphocytes after exposure to 50-500 Msv range of IR^[12]. MN represents chromosomal fragments left behind when the reticulocyte ejects its nucleus^[18]. The number of

nucleated RBC (nRBC), micronucleated RBC (also called Howell–Jolly bodies) (or both) may increase in response to diseases causing anemia, inadequate splenic function, or myelodysplastic syndrome and myeloproliferative disorders^[18, 19]. In the present study increased MN formation in the radiation control and a normalized levels in the lutein and gallic acid treatment prior irradiation indicate a potential anti-clastogenic effect of lutein *in vivo*.

The most important effect of any radioprotective compound is its ability to enhance the survival and reduce the mortality^[20]. The effectiveness of radiation protection expressed in terms of enhancing the survival can be done by comparing the increase in radiation dosage required to reduce the survival by 50 % to that of the dosage without the presence of the compound^[13]. This is given as a ratio as termed as the Dose reduction factor (DRF). The most effective drug, amifostine has a DRF of 2.5 which means the radiation dosage required to reduce the survival to 50 % is 2.5 times higher than the dose required without the compound^[20]. The measurement of DRF has become one of the mandatory parameters in the development of radio-protective agents as it provides a characteristic feature of a compounds ability to enhance survival. A DRF value

above 1.25 can have a potent impact on the survival and thus be considered as a radioprotector along with its other properties such as anti-inflammatory, antioxidant and anti-cancer property.

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CONFLICTS OF INTEREST

The authors declare that they have no conflicts of interest.

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